

After School Specials Class List

Class Name	Date	Description	Grade	Max#	Room#	Instructor
Acting out with Peter Pan	February 8	Are you a natural born performer? Do you like to sing, dance and/or act? Then come join in on the fun as we focus on this timeless musical, Disney's "Peter Pan." We will sing some songs, learn some simple choreography, and act out some fun scenes. We will also spend some time talking about the characters in the show and the other elements in a musical like costumes, sets and props.	K-6	20	Library	Julie Rich Price - PPD
Art - Tape Resist Painting	February 8	Art joins geometry in this fabulous class. Learn a fun process using tape and paint to create a colorful work of art. Perfect for any skill level!	3-6	20	Art Room 199	Brittany Chen
Art - Tape Resist Painting	February 15	Art joins geometry in this fabulous class. Learn a fun process using tape and paint to create a colorful work of art. Perfect for any skill level!	K-2	20	Art Room 199	Brittany Chen
Art of Cookies Decorating	February 8, February 15	Come and join us in the fun of cookies decorating. Learn how to change the ordinary cookies into a very special treat. Making and serving hot chocolate will be a part of this delicious class.	3-6	20	K 102	Nicole Nowakowski
Balloon Animals	February 8, February 15	Students will learn how to twist and tie balloons into animals and other fun shapes.	3-6	15	103	Thomas Border and Kruz Peterson
Basketball with Coach Ball	February 15	Basketball fun like never before. Only with coach Todd Ball.	2-6	30	Gym	Ball4Training/Todd Ball/Kasia Ball
Bharatanatyam (Indian dance)	February 8, February 15	Bharatanatyam is a very ancient Indian classical dance art form from the southern part of India. It uses specific hand gestures and facial expressions to convey a story. The rhythmic pattern of dance moves adds to the aesthetic beauty of this art.	K-6	10		Anuya Wagh
Candy Sushi	February 15	Become an expert in candy sushi making. Yummy and fun class.	K-6	15	K 101	Hiroko Yamada
Cheering with Varsity Vikes	February 8, February 15	Come see what it takes to be a cheerleader! Our varsity Fremd cheerleaders will teach you everything you wanted to know and more! Come check us out!	K-6	15	Front Foyer	Delaney Razo and Fremd Cheer team
Computer	February 15	PH Dad will present an awesome computer class. Chromebooks will be provided for the students.	4-6	15	106	Tom Hoga
Drawing a Horse	February 15	Learn how to draw a horse from Marlene Wood.	1-3	12	202	Marlene Wood/Positive

						Strokes
Food is Science! STEM class	February 8, February 15	Play with your Food! A class like no other. Join us for an hour of science you can eat. Students will learn about the science behind their food using hands on experiments. Enzymes and Enzymatic Browning in fruits and vegetables. Microbiology and yeast growth and fermentation. Chemistry and Spherification and making fruit caviar. Sensory analysis: flavor, texture, appearance, and aroma in blind taste tests. Truly a journey through science curriculum. Do not miss it in STEM era!!!	K-6	12	Teachers Lounge	Ashley Gebhardt
Hair Braiding	February 8, February 15	A fun class like none before! Master hands-on instruction on hair-braiding. Come and join us to learn this useful skill in creative and friendly atmosphere. Please, bring your own hair brush and a handful of rubber bands.	4-6	18	108	Jenna Spahic
KidFit by Ball4Training	February 8	Come to experience a new approach to develop and master speed and agility and hand/eye coordination. Perhaps some dance too. Extraordinary class for everyone.	K-6	30	Gym	Ball4Training/Todd Ball/Kasia Ball
Knitting	February 8, February 15	With a little knitting experience you can make simple items. This will primarily be a Finger Knitting class where the students will create a knitted cord with yarn and their fingers. This cord can be used as a necklace or decoration, and we will cover some uses for what they create. Some knitting needles will be available for students with previous experience. Beginners will be encouraged to finger knit.	K-6	30	111	Jen Moretti
Light Saber Class	February 8	"Light Saber Jedi Class." Would you like to be a Jedi trained to guard peace and justice in the Universe? Come join us at this fun class where you can learn light saber drills and skills.	K-6	12	205	JP Wood Martial Arts of America
Martial Arts Self Defense	February 8, February 15	Basic techniques and combinations of both: boxing and kickboxing.	K-6	30	Music Room	Achour Esho/FLO Fitness
Math Games and Challenges	February 8	Math games, math challenge problems in group discussions. If time allows, sudoku or some math puzzle. All according to skill level and age appropriate.	1-3	30	203	Mathnasium
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Origami	February 8	Learn more about Japanese art of making paper masterpieces! "Oru" means to fold. "Kami"	K-6	17	201	Hiroko Yamada

		means paper.				
Painting a Winter Scene	February 8	Paint a beautiful winter scenery with Positive Strokes instructor/artist - Marlene Wood.	3-6	10	202	Marlene Wood/Positive Strokes
Police K9s Demo	February 8, February 15	Palatine Police K9 demonstration with K9s: Puma and Hondo showing off their skills of obedience, narcotics detection and apprehension work.	K-6	20	Door 7	Kevin Case and Joe Christians
Rock 101	February 15	Our time begins with targeted music-themed games that will assist with rhythm, timing, ear training and working as a team. Students will then be introduced to the guitar, bass, drums, keyboards and vocals in a genuine band context. Our instructors will break them into small groups, according to their interests, and teach them on how to play a part of a song (a "real song" - we don't play "Chopsticks" here! Students can bring instruments if they have any.	3-6	10	208	Arlington Heights School of Rock
Rookie Rocker	February 8	The Rookie Rocker class provides hands-on learning with guitar, bass, drums and keyboards scaled to smaller hands and vocal instruction designed for this age group. Rookies will play and perform in a group to experience teamwork and above all enjoy music through inspiration and fun. No experience necessary.	1-2	10	208	Arlington Heights School of Rock
Salsa, hip hop, ballroom!!!	February 8	Learn Salsa choreography from master professional ballroom instructors. Some hip hop too! Try to dance in pairs. Experience fun of a group dance!	1-4	10	213	Crea Dance Studio
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Taekwondo/Martial Arts	February 15	Want to try a fun class in Taekwondo, the most popular martial arts in America? Come join us and learn some fun training, kicking and footwork drills and skills.	K-6	15	211	JP Wood Martial Arts of America
Ukulele Instruction	February 8, February 15	Fun and skill and age appropriate Ukulele instruction. No experience necessary.	K-6	15	209	Music Room
Volleyball	February 8, February 15	Instruction on how to properly pass, set, and hit the volleyball with proper technique.	3-6	20	Cafeteria	Jess Rizzo
Woodworking	February 8	Woodworking hands on activities involving workshop kits.	K-3	15	212	Home Depot Speciality crew
Woodworking	February 15	Woodworking hands on activities involving	4-6	15	212	Home Depot

		workshop kits.				Speciality crew
Yoga for Kids	February 8, February 15	Beginner Yoga for kids fun with Ms. Haran.	K - 6	30	110	Kaitlyn Haran
Zentangle	February 8	The Zentangle method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. Zentangle increases focus and creativity, provides artistic satisfaction and an increased sense of personal well being. Students will use official Zentangle tools to create a tile.	3-4	30	301	Megan Schlobohm
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Zumba	both	Perfect class for young Zumba fans! Kids get the chance to be active and jam out to their favorite music. Zumba Kids classes feature kid-friendly routines based on original Zumba choreography. We break down the steps, add games, activities and cultural exploration elements into this class structure.	K - 6	12	107	Antonia Dala